

## **Büşra Yılmaz**

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### **EDUCATION:**

- 2018-2019 **Queen Mary University of London**  
MSc in Mental Health: Psychological Therapies  
**Thesis:** The Effectiveness of CBT and ACT in Adults Diagnosed with Anxiety Disorders: A Systematic Review  
**Thesis grade:** Distinction
- 2013-2018 **Sabancı University**  
Bachelor of Arts and Social Sciences, Psychology  
Minor in Entrepreneurship  
25% Success Scholarship  
High Honor Certificate in 2016-2017
- 2009-2013 **50. Yıl Tahran High School**

### **EXPERIENCE:**

- Research Office Coordinator & Psychologist / Güzel Günler Polyclinic, İstanbul  
September 2020 – present
- Internship / Güzel Günler Consulting & Güzel Günler Polyclinic, İstanbul  
September 2019 – August 2020
- Clinical Placement / Kith & Kids, London  
December 2018 – March 2019
- Internship / French Lape Hospital, İstanbul  
July 2018 – August 2018
- Internship / Altis Consulting, İstanbul  
May 2017 – June 2017
- Civic Involment Projects, Sabancı University, İstanbul  
September 2013- June 2014

### **CERTIFICATIONS:**

- Mindfulness for Stress Reduction, London Centre for Mindfulness / London (July 2019)
- Weschler Intelligence Scale for Children – IV (WISC -IV) / Turkish Psychologists Association / İstanbul (July 2020)
- Neuropsychopharmacology Webinars, Dr. Lütfiye Kaya Cicerali / İstanbul (January 2021)
- Cognitive and Behavioral Therapy, Dr. Başak Demiriz / İstanbul (March 2021)

- Mullen Scales of Early Learning, Dr. Aslı Aktan Erciyes / İstanbul (April 2021)

**PROFESSIONAL AFFILIATIONS:**

- Member, Turkish Psychological Association / Istanbul (January 2020 — present)

**ADDITIONAL INFORMATION:**

- Languages: Proficient/Fluent in English, Elementary in German, Elementary in Spanish